




# First Steps to Counselling Skills Training

A 6 week course consisting of 1.5 hours sessions per week, delivered by practising counsellors, who are registered members of the British Association for Counselling and Psychotherapy (BACP).

The counsellors facilitating on this course practise for Feelings First, a Local Authority Counselling and Therapy Service for young people age 4-25.

The course is also delivered in conjunction with MA Counselling.


 **Would you like to find out if counselling is the career for you?**


 **Would you like to enhance your listening skills ?**

 **Would you like to gain new skills?**

 **Explore your own emotional health and wellbeing.**

 **Increase self-awareness.**

 **This course can also lead onto the Level 2 Certificate in counselling skills (CPCAB accredited), which will be a 1 year duration before completion.**

 **Total cost £85 per candidate – Certificate of Attendance included.**

For further information or to reserve a place, please contact Madeleine on **01472 323220** or e-mail **madeleine.vernau@nelincs.gov.uk**

*Please note that this course is for learning purposes only and is not a substitute for personal therapy.*

**YPSS**  
Young People's Support Services

 **ican**

North East Lincolnshire  
**Familiesfirst**  
Supporting children, young people & families

 **NORTH EAST LINCOLNSHIRE COUNCIL**  
www.nelincs.gov.uk

